

AKINPELUMI AKINBITAN

Dietitian-Nutritionist (RDN)

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Ibadan, Oyo State.

Professional Summary

I am a versatile Dietitian-Nutritionist, leveraging four years of experience in clinical nutrition, community nutrition, and nutrition education programs coordination. With a great level of expertise in medical nutrition therapy, I accurately apply the principles of the Nutrition Care Process to assess, diagnose, intervene, and monitor nutrition care plans tailored to different diet-related non-communicable diseases. With a strong foundation in nutrition care planning, I have developed individualized dietary plans tailored to meet the specific needs of over 50 clients.

Relevant Work Experience

OMAP Care Home, Ibadan, Oyo State, Nigeria

07/2022 – Present

Nutrition Support Specialist

OMAP Care Home is a 16-bed residential home-away-from home for the elderly located in Old Bodija area of Ibadan, Oyo State, Nigeria. As the nutrition support specialist, I passionately performed the following responsibilities:

- Conduct nutritional assessments and develop individualized dietary plans
- Educate residents on proper nutrition and healthy eating habits
- Monitor and evaluate residents' nutritional status and make necessary adjustments to their diets for improved health outcomes.
- Collaborate with healthcare professionals to address specific dietary needs or restrictions ensuring individualized approach to nutrition care.
- Stay updated on the latest nutritional research and trends to enhance resident care.

University College Hospital, Ibadan

03 / 2023 – 02 / 2024

Intern Dietitian

Trained at University College Hospital, Ibadan for clinical dietetic internship.

- Worked with experienced dietitians to manage patients with specific diet-related non-communicable diseases
- Engaged nutrition assessment tools to recommend suitable dietary modifications
- Managed patients in the Children Outpatient Clinic alongside other healthcare practitioners
- Acquired transferable skills such as dietary counselling, medical nutrition therapy,

nutrition care process applicable to roles like clinical dietitian and healthcare nutrition specialist.

- Adapts to different patient populations during clinical rotations. Demonstrates strong interpersonal skills, organizational abilities, and time management skills
- Works a 40-hour week with additional time for projects, presentations, and assignments to fulfill internship requirements.

Total Mercy Initiative

01 / 2022 – 06 / 2022

Nutrition Officer

As the nutrition officer,

- Led the coordination of nutrition programs, overseeing the strategic planning and execution of initiatives to enhance community health and well-being
- Developed nutrition education programs for Orphan and Vulnerable Children in Ibadan's rural communities
- Ensured the smooth operation of nutrition programs by monitoring activities, supporting teams, and submitting comprehensive reports in a timely manner
- Managed the procurement and distribution of nutrition supplies, liaising with various departments to streamline operations effectively

Fruits and Vegetables Project, Nigeria

04 / 2021 – 12 / 2021

Community Nutrition Officer

I worked as a member of a team of about 80 individuals on the Fruits and Vegetables Project in Nigeria, led by Wageningen University and Research in collaboration with the Department of Human Nutrition and Dietetics, University of Ibadan

- Collaborated closely with ad hoc research assistants and senior research assistants in the project. Contributed to the overall goal of increasing the availability, accessibility, and affordability of fruits and vegetables in the research community through food system innovations
- Branded food system innovations at the second phase of the project
- Demonstrated strong data collection and data entry skills, relationship management with the research community and participants, and comprehensive report writing skills.
- Teamwork and a strong interest in community and public health nutrition through the 8-month intensive field work engagement.

Education

2023 - Clinical Dietetics Internship - University College Hospital, Ibadan.

2020 - Bachelor of Science (Human nutrition and dietetics) - University of Ibadan

Skills

1. Medical Nutrition Therapy
2. Nutrition Care Planning
3. Dietary Counselling
4. Nutrition Education
5. Team Work
6. Interdisciplinary Collaboration

References

Available on request